

# 75 Activity Jar Ideas

|                               |  |   |   |                              |
|-------------------------------|--|---|---|------------------------------|
| Decorate your Bike            | Paint Rocks  | Make Pinecone Flowers                                   | Create a Scavenger Hunt                     | Play with Play Dough         |
| Do a Puzzle                   | Read a Book  | Make Cards  | Play with Chalk                             | Build a Fort                 |
| Make a Volcano                | Play Tag   | Bike Ride   | Play a Board Game                           | Bake Cookies                 |
| Go for a Walk                 | Make Paper Airplanes                                 | Draw our House  | Take 5-10 Pictures and Write about Them     | Play Eye Spy                 |
| Colour a Picture              | Play in a SandBox                                    | Make Something out of the Recycling                     | Have a Tea Party                            | Trace your Body with Chalk   |
| Draw your Favourite Stuff     | Find Flowers, Leaves, and Sticks and Paint with them | Climb a Tree  | Go Skateboarding/ Scootering/Roller Skating | Listen to an Audiobook       |
| Make a Mud Pie                | Have a Picnic  | Make up a Play  | Build a Fort                                | Paint a Picture              |
| Draw a Picture of Your Family | Play Hide-in-Seek                                    | Make a Pretend Pizza out of Paper and make the Toppings | Make a Treasure Map                         | Make a Puzzle                |
| Play with Bubbles             | Make an Obstacle Course                              | Make a Hopscotch out of Chalk                           | Play with Water                             | Press Flowers                |
| Set Up the Sprinklers         | Collect Sticks, Flowers, Leaves, and do a Craft      | Jump Rope   | Hula Hoop                                   | Wash the Car                 |
| Play Catch                    | Play Soccer  | Build a Marble Run                                      | Build Your Own                              | Paint Outside                |
| Make Popsicles                | Go for a Run   | Set up a Nature Cutting Tray                            | Do a Photo Scavenger Hunt                   | Make a Nature Collage        |
| Garden                        | Set Up a Tent  | Pretend Play "Going on a Hike"                          | Go on a Bug Hunt                            | Make a Bird Feeder           |
| Have a Snack Outside          | Read Outside on a Blanket                            | Make a Treasure Map                                     | Build with Blocks or Recycling              | Make a Book Mark             |
| Play Four Square              | Paint and Stamp with Vegetables and Fruit            | Build a Fairy House                                     | Have a Penny Toss                           | Print off a Colour by Number |