

# 28 Days of Activities

<p><b>DAY 1</b> Create a journal with your child or use the last one to record each days activity. They can decorate the front page.</p>	<p><b>DAY 2</b> Gather flowers, sticks, rocks, and other outdoor items. Take them inside and use them as paint brushes to create a painting.</p>	<p><b>DAY 3</b> Experiement by mixing baking soda and vinegar. Try different places to put the ingredients like muffin pans and bottles.</p>	<p><b>DAY 4</b> Make watermelon pizza. Cut in circles then use yoghurt for sauce and decorate with berries and/or chocolate. Then cut into triangles.</p>	<p><b>DAY 5</b> Build an obstacle course indoors or outdoors.</p>	<p><b>DAY 6</b> Have an animal tea party.</p>	<p><b>DAY 7</b> Have a campfire in the backyard or go to a local picnic spot to set one up.</p>
<p><b>DAY 8</b> Make a card or ecards and send them to four different people.</p>	<p><b>DAY 9</b> Make up a story about summer. Used the pictures on this page for inspiration.</p>	<p><b>DAY 10</b> Make a pretend bow and arrow out of sticks and string.</p>	<p><b>DAY 11</b> Collect bugs in a jar or take pictures of bugs you find. Identify the bugs using this tool <a href="#">here.</a></p>	<p><b>DAY 12</b> Make no-bake cookies.</p>	<p><b>DAY 13</b> Do a colour scavenger hunt indoors/outdoors. Find inspiration <a href="#">here.</a></p>	<p><b>DAY 14</b> Go on a hike or walk around the neighbourhood.</p>
<p><b>DAY 15</b> Make inspirational flower rocks. Colour flowers on the rocks and put on inspirational messages.</p>	<p><b>DAY 16</b> Play cards or a board game.</p>	<p><b>DAY 17</b> Make a nature clock. Collect rocks and paint numbers on them. Then glue them onto a surface with sticks as the hands!</p>	<p><b>DAY 18</b> Make stick people. For inspiration go <a href="#">here.</a></p>	<p><b>DAY 19</b> Make a nature clock. Collect rocks and paint numbers on them. Then glue them onto a surface with sticks as the hands!</p>	<p><b>DAY 20</b> Paint outside but adding washable paint and water in spray bottles. Then spray onto a paper or canvas!</p>	<p><b>DAY 21</b> Paint inspirational messages and pictures on rocks. Then go on a walk and put them somewhere in the neighbourhood.</p>
<p><b>DAY 22</b> Make a nature inspired bookmark. Glue or use mogde podge over flowers and leaves.</p>	<p><b>DAY 23</b> Go for a bike ride or a short run.</p>	<p><b>DAY 24</b> Create magic potions or fun coloured water by mixing water with food colouring, sparkles and other items</p>	<p><b>DAY 25</b> Make a nature sun catcher. Find inspiration <a href="#">here.</a></p>	<p><b>DAY 26</b> Make your own play doh! Pick leaves for Day 28.</p>	<p><b>DAY 27</b> Make a few different hop scotch courses out of chalk.</p>	<p><b>DAY 28</b> Paint faces on the leaves that you dried.</p>

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