

Mama's Movement

Adventuring does not end when you have children, it is only the beginning

Mamas! It's time for a 3 hour mini-retreat. Connect with adventure-loving mamas for an evening of climbing, snacking on organic food, & engaging in an interactive mindful living session with a local Registered Psychologist Yoga Teacher. You'll leave refreshed, uplifted, nourished, & with some swag from our sponsors

Sponsors

BurtonRiglet • Bolder Climbing

May 27th, 2018

6:30pm - 9:30 pm

Bolder Climbing Gym

Calgary Alberta

Born to be Adventurous
Wholistic Health YYC

Register: BornTobeAdventurous@gmail.com

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